

## Working in Medium Risk Confined Spaces

### Course Overview

The Working in Medium Risk Confined Spaces training course offers vital training for employers, employees, self-employed or sub-contractors who are required to work in confined spaces (A confined space is a place which is substantially enclosed, though not always entirely, and where serious injury can occur from hazardous substances or conditions within the space or nearby e.g. lack of oxygen).

### Aims & Objectives

To give attendees such knowledge so as to enable them to understand the hazards associated with work in confined spaces, gas detection, escape breathing apparatus, PPE (man riding equipment) and emergency procedures prior to entering Confined Spaces.

### Course Content

- Confined Space Regulations 1997 (Third Edition)
- Potential hazards of working in confined spaces and precautionary measures
- Risk assessment, safe system of work and permit to work
- Atmospheric Hazards and Gas detection methods
- Emergency procedures
- Personal protective equipment (man riding equipment) and escape breathing apparatus
- Practical entry into a simulated confined space
- Multiple choice question paper

**Duration:** 8 Hours (1 Day)

**Certification:** Essential Confined Space Training Limited certificate upon completion of the course, valid for 3 years

**Contact Us:** For more information simply call us on **01623 676455**, or email us at **info@ecst.co.uk**